<u>Class Work Mon. Apr. 27th – Friday May. 1st 2020</u>

If we were in school this week it would be Active School Week. Unfortunately we are all at home and not allowed to attend school. Therefore this week is Active Home Week!

That means that this week's learning activities are more based on getting outside and having fun and being active. Children need 60mins of moderate to vigorous activity every day to stay healthy. Remember we learned about taking your pulse and counting it? Vigorous or moderate activity raises your heartrate and makes you out of breath.

Because we are not in school it would be great if all of you could keep a record of your activities this week and email them to me as the school will use them as proof that we did Active Home Week when applying for our Active School Flag.

More Information can be found here <u>https://activeschoolflag.ie/index.php/active-home-week-</u>2020/

Monday Apr. 27th 2020

<u>English</u>

- Spellings/word study = This week's words are some more commonly misspelled words that we often get confused with.
- secretary
- seize
- separate
- sergeant
- similar
- skilful
- speech
- successful
- supersede
- surprise
- Use the above words to carry out a word study activity each day.
- Remember to get someone at home to test you on Monday and then again on Friday.
- Read for 15mins.

<u>Maths</u>

 Practise your ÷6 tables for 10 minutes using the Hit the Button game on Topmarks. Please follow this link to the website- <u>https://www.topmarks.co.uk/maths-games/hit-the-button</u>. Make it more fun and challenge somebody at home to beat your high score. Hit the button may also be downloaded as an app on your phone.

Religion

• Add one final piece to your "Appreciation Wall".

<u>Active Home Week – if you complete this challenge you will be using lots of Maths, PE</u> and English skills, plus keeping fit and healthy.

- Last week I sent you out an example of circuit exercises. This week I want you to design your own circuit comprising at least five different exercises. For example; squats 20, lunges 30, burpees 10, push ups 15 and sit ups 10.
- Lay out your circuit in your home or garden.
- Challenge all members of your family to complete your simple circuit.
- Time everyone doing it on a phone and record their time.
- Create a bar graph of your family's times.
- Who did it quickest?
- Feeling really fit?? Everyone do the circuit 3 times and then try and work out the average time for each family member. Take a break between each turn!!
- Write a procedure on how to design a circuit and carry out the above activity.
- Take photos during the above activity. At the end of the week I would like you to try and create a PowerPoint slideshow made of all your photos from Active Home Week.

Tuesday Apr. 28th 2020

<u>English</u>

- Word Study.
- Read for 15mins.
- Vocabulary development: This week we will learn a little about hyperbole. You unknowingly use hyperbole throughout the day when you bemoan the *tons of homework* assigned or how the computer *took all day* to load. A hyperbole is an exaggerated statement not meant to be taken literally, but used for emphasis. Hyperbole is used in everyday spoken language and even literature, like tall tales. Please read the following hyperbole sentences. Discuss with someone at home what each one means and afterwards draw pictures that represent your favourite three.
- The whole world was staring at me.
- I can smell mam's brownies a mile away.
- I'm so hungry, I could eat a horse.
- I have a ton of homework.
- He snores louder than a freight train.
- I have a thousand things to do today.
- His garlic breath could knock over an elephant.

- I've seen this movie a thousand times.
- The letter took forever to arrive.
- You could have knocked me over with a feather.

Can you think of at least 5 more examples of everyday hyperbole. (without searching the internet straight away!)

Religion

• Add one final piece to your "Appreciation Wall".

Maths

• Practise your ÷6 tables for 10 minutes using the Hit the Button game on Topmarks.

Active Home Week

- Just before schools closed we had been doing lots of work on time, speed and distance. We learned about Dads, Silly, Triangle and that you can work out someone's speed if you know the distance they travelled and the time it took them.
- Challenge Mark out distance in your garden. Use a measuring tape if you have one. 100metres would be fantastic. Most of our gardens would be too small for this so if you like you can do it in a nearby field or else mark out 10metres and run back and forth ten times!
- You are going to run 100metres. You will need a partner to time you and take some photos!
- Run the 100metres and record your time. Do it ten times. Take a break between each turn.
- Work out your speed for each of the ten times you ran 100metres. Remember that speed = distance (100m) divided by time. You can check your answers by using this converter <u>here</u>
- <u>Can you figure out who the fastest member of your family is?</u>

Wednesday Apr. 29th 2020

<u>English</u>

- Word study activities.
- Time capsule: Remember at the start of the year, our very first day in my room September 2019? Well I do. On that day we each traced our handprint and footprint. On our hand and footprint we recorded information about ourselves. Height, age, favourite colour, favourite food, best friend, favourite pastime, favourite team in our favourite sport, favourite TV Show, favourite song, what I want to be when I grow up. I would like you to do this activity again. Carefully trace your hand and footprint,

record your information and cut out the hand and footprint. Take a piece of wool, catch it at each end and open your arms to as wide as you can. This is your span, remember your span is equal to your height. Cut the wool or string and carefully wrap it around your hand and footprint. Pop it into your time capsule.

<u>Maths</u>

• Practise your x7 tables for 10 minutes using the Hit the Button game on Topmarks.

Religion

• Add something to your "Appreciation Wall".

Active Home Week

- Design and make an obstacle course.
- Make it as simple or difficult as you want.
- Get the whole family involved.
- Get someone to time you doing the obstacle course and take some photos.
- Write a procedure on How to Design a Family Friendly obstacle course.

Thursday Apr. 30th 2020

<u>English</u>

- Word study activities.
- Read for 15mins
- Click <u>here</u> to learn about writing a limerick. After reading the information have a go at writing your own limerick and then email it to me. Try and make it funny. You must follow the rules of limerick writing to ensure your poem is a limerick!

<u>Maths</u>

• Practise your x7 tables for 10 minutes using the Hit the Button game on Topmarks.

Religion

• Add something to your "Appreciation Wall".

Active Home Week

- I would like you to try out at least five activities from the word cloud here
- Remember to take lots of photos of your activities

Friday May. 1st 2020

Tests

English spellings test. Tables test.

<u>Maths</u>

- Practise your \div 6 tables for 10 minutes using the Hit the Button game on Topmarks.
- Fifth class: <u>https://ie.ixl.com/math/class-5/add-and-subtract-mixed-numbers-with-like-denominators</u>

<u>Art</u>

 May 1st signals the start of summer in Ireland. With the help of a grown up erect a May Bush in your front garden this year. Get yourself a piece of Whitethorn – plenty of them on the ditches at the moment – blackthorn currently has white flowers on it and whitethorn currently has nice bright green leaves, it won't get its blossoms until a little later in May. Stick the bough of the bus in a pot or in the ground in the garden somewhere. Decorate the bush with ribbon and other colourful item.

Religion

• Add one final piece to your "Appreciation Wall".

Active Home Week

Use all the photos that you took during the week. Create a PowerPoint titled 'Active Home Week – The Ryan's (or whatever your own surname is)

Upload all of your photos.

Use a favourite song, something catchy and quick. Upload this to your PowerPoint so it plays in the background of the slides.

Use slide transitions. These can be added so when the slideshow moves from photo to photo something different happens.

Have fun creating a slideshow with your family. If you get stuck don't be afraid to ask me for help.